

Critical Race Parenting Essentials

Identity Development

- Help kids feel good about themselves as a racial being.
- Connect children to their racial communities.
- Reinforce positive sense of self within cultural differences.
- Foster pride in racial heritage.

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Building Resilience

- Give “Humanizing Love”
- Foster growth and healing through incidences of oppression
- Facilitate ongoing reflection and learning
- Model resilience by staying vigilant and responsive.

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Action Against Oppression

- Creative strategies rather than faith in “neutral” legal process
- Share personal experience to increase solidarity
- Articulate high academic expectations and celebrate achievements.

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Critically Conscious and Culturally Responsive Children